

Meditating on the word of God 1

- Read
- Speak
- Hear
- Write
- Study

Learning Styles		
Visual	Auditory	Kinesthetic & Tactile
Responds to written information, writing notes	Responds to spoken word; sometimes takes notes later and relies on written notes.	Learn effectively through touch and movement and space, and learn skills by imitation and practice
60% have this style	35%	5%
Develop reading schedule	Read scriptures out loud or listen to scriptures on tape/CD	Engage in discussion, write scriptures out
We may learn more from one style, but it is not 100% on one style. it is helpful to incorporate all the styles to some degree or fashion. Example: If you study a topic you can read a book on it, listen to teaching on it, write your own notes to it, and discuss with others how to practically apply it.		

Proverbs 4:19-22

- ²⁰ My son, give attention to my words;
Incline your ear to my sayings.
- ²¹ Do not let them depart from your eyes;
Keep them in the midst of your heart;
- ²² For they *are* life to those who find them,
And health to all their flesh.

Prayer from the word. (good way to pray)

Psalm 19:7-14 The law of the Lord is perfect, converting the soul;
The testimony of the Lord is sure, making wise the simple;
8 The statutes of the Lord are right, rejoicing the heart;
The commandment of the Lord is pure, enlightening the eyes;
9 The fear of the Lord is clean, enduring forever;
The judgments of the Lord are true and righteous altogether.
10 More to be desired are they than gold,
Yea, than much fine gold;
Sweeter also than honey and the honeycomb.
11 Moreover by them Your servant is warned,
And in keeping them there is great reward.
12 Who can understand his errors?
Cleanse me from secret faults.
13 Keep back Your servant also from presumptuous sins;
Let them not have dominion over me.
Then I shall be blameless,
And I shall be innocent of great transgression.
14 Let the words of my mouth and the meditation of my heart
Be acceptable in Your sight,
O Lord, my strength and my Redeemer.

Presumptuous:

- 1) arrogant, proud, insolent

2) To take upon oneself without permission or authority; dare do say or do something; overstepping of proper bounds; to be overconfident and act like you have a right

higgayown hig-gaw-yone'}
meditation, solemn sound, device
meditation, resounding music, musing
resounding music
plotting

Meditate on His word ... Stand on the promises of overcoming temptations

Psalm 119:11 Your word I have hidden in my heart,
That I might not sin against You!

Joshua 1:8,9 "This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

9 "Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go."

hagah daw-gaw'}
meditate, mourn, speak, imagine, study
mutter, utter, talk, to moan, growl, utter, muse, mutter, muse, imagine

Psalm 1:1-3 Blessed is the man
Who walks not in the counsel of the ungodly,
Nor stands in the path of sinners,
Nor sits in the seat of the scornful;
2 But his delight is in the law of the Lord,
And in His law he meditates day and night.
3 He shall be like a tree
Planted by the rivers of water,
That brings forth its fruit in its season,
Whose leaf also shall not wither;
And whatever he does shall prosper.

Psalm 119:15-16 I will meditate on Your precepts,
And contemplate Your ways.
16 I will delight myself in Your statutes;
I will not forget Your word.

siyach see'-akh}
talk, meditate, speak, pray, commune,
muse, declare, to put forth, mediate, muse, commune, speak, complain,
ponder, sing

Romans 10:17 So then faith comes by hearing, and hearing by the word of God.

Ephesians 6:17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God;

Deuteronomy 6:5-9

⁵ You shall love the LORD your God with all your heart, with all your soul, and with all your strength.

⁶ “And these words which I command you today shall be in your heart. ⁷ You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up. ⁸ You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. ⁹ You shall write them on the doorposts of your house and on your gates.

Deuteronomy 11:18-21

¹⁸ “Therefore you shall lay up these words of mine in your heart and in your soul, and bind them as a sign on your hand, and they shall be as frontlets between your eyes. ¹⁹ You shall teach them to your children, speaking of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up. ²⁰ And you shall write them on the doorposts of your house and on your gates, ²¹ that your days and the days of your children may be multiplied in the land of which the LORD swore to your fathers to give them, like the days of the heavens above the earth.

Practical application:

1. Read the bible out loud
2. Make scripture lists and read them out loud
 - a. My example
3. Pray the word of God. Read a scripture, then put it forth in the form of prayer