

Marital Sexual Intimacy

1. Sex in a marriage is a very important aspect of the relationship
2. The sex drive is one of the strongest motivations in the human make up
3. God created sex for procreation and to meet the emotional and physical needs of His creation designed for the covenant relationship of marriage

Proverbs 5:15-20 Drink water from your own cistern,
And running water from your own well.
16 Should your fountains be dispersed abroad,
Streams of water in the streets?
17 Let them be only your own,
And not for strangers with you.
18 Let your fountain be blessed,
And rejoice with the wife of your youth.
19 As a loving deer and a graceful doe,
Let her breasts satisfy you at all times;
And always be enraptured with her love.
20 For why should you, my son, be enraptured by an immoral woman,
And be embraced in the arms of a seductress?

Five Major Needs Of Women

1. Affection
2. Conversation
3. Honesty & Openness
4. Financial Support
5. Family Commitment

Five Major Needs of Men

1. Sexual fulfillment.
2. Recreational Companionship.
3. An attractive spouse.
4. Domestic Support
5. Admiration

Dr. Willard Harley. "His Needs/Her Needs." (Grand Rapids: Revell, 2001).

Adam knew Eve:

Genesis 4:1 Now Adam knew Eve his wife, and she conceived and bore Cain

The Physical act of marriage is part of knowing one another intimately

1 Peter 3:7 Husbands, likewise, dwell with them with understanding, giving honor to the wife, as to the weaker vessel, and as being heirs together of the grace of life, that your prayers may not be hindered.

1 Corinthians 7:1-6 Now concerning the things of which you wrote to me: It is good for a man not to touch a woman. 2 Nevertheless, because of sexual immorality, let each man have his own wife, and let each woman have her own husband. 3 Let the husband render to his wife the affection due her, and likewise also the wife to her husband. 4 The wife does not have authority over her own body, but the husband does. And likewise the husband does not have authority over his own body, but the wife does. 5 Do not deprive one another except with consent for a time, that you may give yourselves to fasting and prayer; and come together again so that Satan does not tempt you because of your lack of self-control. 6 But I say this as a concession, not as a commandment.

28-day cycle

72-Hour Cycle

Men's greatest battle: One survey found that 99% of men had engaged in masturbation. They concluded that the other 1% were liars

Why masturbation is sin:

- 1. Promotes walking in the flesh vs. the Spirit**
- 2. Produces guilt and condemnation in ones conscience**
- 3. Is fueled by fantasy, and creates bondages to pornography**
- 4. Focuses on self rather than on mate. Often the reason why husband doesn't have energy and desire for his wife is because he has expended it on himself**

Practical things:

Hebrews 13:4 Marriage is honorable among all, and the bed undefiled; but fornicators and adulterers God will judge.

Q) What can you do in the marriage bed?

- 1. That which is mutually edifying, satisfying and agreed upon without coercion**
- 2. That which promotes righteousness vs. perverseness**
- 3. That which focuses on each other rather than the acts, pictures, movies, objects, etc.**
- 4. That which you don't feel guilty for later**

Q) What are the dangers of pre-marital sex?

- 1. Direct violation of God's word and can create greater problems later in marriage**
 - a. Some people have experienced an unusual lack of desire for sex after they are married, going months without sexual contact with each other**
- 2. Can open doors to demonic spirits and soul ties which require deliverance ministry**

I recommend a time of repentance to God and spouse for the sin of fornication before marriage with each other

1 Thessalonians 4:3-8 For this is the will of God, your sanctification: that you should abstain from sexual immorality; 4 that each of you should know how to possess his own vessel in sanctification and honor, 5 not in passion of lust, like the Gentiles who do not know God; 6 that no one should take advantage of and defraud his brother in this matter, because the Lord is the avenger of all such, as we also forewarned you and testified. 7 For God did not call us to uncleanness, but in holiness. 8 Therefore he who rejects this does not reject man, but God, who has also given us His Holy Spirit.

Do's:

- 1. Communicate to spouse that you need them**
- 2. Respond to spouse communicating with you**
- 3. Die to self that you can only have sex when you feel like it**
- 4. Don't be unrealistic that you can have sex from your spouse whenever you want it**