

# Joy of the AM: (Benefits of getting up early to seek God):

## 1. God does a new work (Lamentations 3:22-25)

- Something's won't happen or be experienced unless I invest the time with Him

## 2. My Priorities are put in order ... It will never be 2<sup>nd</sup> place

Matthew 6:33 "But seek first the kingdom of God and His righteousness, and all these things shall be added to you."

Lie of the devil is that spiritual things are not important

Some Christians I know try to have their meaningful personal times with God just before bed, but I have yet to find a respected spiritual leader through history who had devotions at night. Unless you get up early, you're unlikely to break through to a deeper relationship with God. Set aside a significant time and a private place where you can read and write comfortably, think, study, talk to God out loud, and weep if you need to.

Bruce Wilkinson  
Secrets of The Vine

Few people get up @ 5 AM

## 3. Nobody can steal this from me the rest of the day (Luke 10:38-42)

- Day is upside down if you seek him only in the evening

Procrastination on devotions makes you always feel like you are always behind, catching up. Doing it first it frees up your mind

## 4. Creates hunger for the rest of the day ... leads you to more (Psalm 63:1)

## 5. Helps you to walk in authority and victory throughout your day (Mark 1: 35-39)

- If we don't pray in the morning how do we expect to cast out devils during the day

"The Prayer Life of Church will expand ministry borders" Jack Hayford

## 6. You receive guidance for your day

- You open your spirit for God's guidance. I am not trying to hear. I hear

## 7. Helps you overcome temptation

Luke 22:46 Then He said to them, "Why do you sleep? Rise and pray, lest you enter into temptation."

"Do the things every day that bring you victory" Mike Murdock

## 8. You discipline your life, bring your body into subjection

When you get up early, you go to bed earlier and waste less time

How I save time:

- I get up at 5 a.m. during the week (and go to bed early)
- I remind myself: "There is always enough time for the important things" If it's important I'll make the time to do it
- I don't own a television set. (My family and I went to a motel to watch the moon walks and we rented a set for the political conventions)

Alan Lakein

How to get control of your time and life

### Conclusion:

The world is sleeping in the dark  
That the church just can't fight  
Cause it's asleep in the light  
How can you be so dead  
When you've been so well fed  
Jesus rose from the grave  
And you, you can't even get out of bed

Oh, Jesus rose from the dead  
Come on, get out of your bed

-- Keith Green (Lyrics from "Asleep in the Light")