Solutions to Backsliding

1. Return to God and allow Him to heal you.

Jeremiah 3:22 "Return, you backsliding children, And I will heal your backslidings." "Indeed we do come to You, For You are the Lord our God.

2. Repentant and do your first works.

Revelations 2:4-5 "Nevertheless I have this against you, that you have left your first love. 5 "Remember therefore from where you have fallen; repent and do the first works, or else I will come to you quickly and remove your lamp stand from its place-unless you repent.

Avoid justify, rationalize your sin, blame others, or make convenient excuses for his sin.

Repent: To change one's mind; amend for past sins

1 John 1:9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

An important part of confessing your sins is honesty. Don't make excuses or justify your failure.

3. Come back humbly. Remember pride caused you to fall in the first place.

Micah 6:8 He has shown you, O man, what is good; And what does the Lord require of you But to do justly, To love mercy, And to walk humbly with your God?



Proverbs 16:18 Pride goes before destruction, And a haughty spirit before a fall.

4. Strive for change (begin in your heart).

Proverbs 28:13 He who covers his sins will not prosper, But whoever confesses and forsakes them will have mercy.



Make a 100% commitment. Come back to God on His terms.

5. Terminate worldly involvement: carnal relationships, activities, and influences.

2 Corinthians 6:17 Therefore
"Come out from among them
And be separate, says the Lord.
Do not touch what is unclean,
And I will receive you."

1 Corinthians 15:33 Do not be deceived: "Evil company corrupts good habits."

6. Attack spirit of condemnation

Romans 8:1 There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.

Our motivation as believers is to encourage people in their faith. There are enough things in this world to put you down. We want to lift you up and help you overcome sin.

Two kinds of condemnation: Self & devil
Condemnation is the devil's motivation to keep you in sin. It says
there is no hope and God won't give you another chance.

Revelations 12:10 for the accuser of our brethren



7. Don't give up or stay down.

Micah 7:8 Do not rejoice over me, my enemy; When I fall, I will arise; When I sit in darkness, The Lord will be a light to me.

Proverbs 24:16 For a righteous man may fall seven times And rise again, But the wicked shall fall by calamity.

We must not give up or entertain a spirit of quitting, futility, or defeat. We must hang in there even if we encounter slip-ups or setbacks.

8. In your restoration realize God has a place for you.

Psalm 51:10-13 Create in me a clean heart, O God, And renew a steadfast spirit within me.

- 11 Do not cast me away from Your presence, And do not take Your Holy Spirit from me.
- 12 Restore to me the joy of Your salvation, And uphold me by Your generous Spirit.
- 13 Then I will teach transgressors Your ways, And sinners shall be converted to You.

You learn your lessons and minister grace to others